

- Passport
- Bible & journal
- toiletries
- a roll of toilet paper
- shoes / flip-flops
- Sunblock: We recommend at least SPF 50. Remember that we are close to the equator and the sun is extra strong here. I promise you can still tan with SPF 50.
- bug spray and anti-itch spray
- Camera
- flashlight
- backpack
- rain gear: umbrella, poncho, rain boots, or anything you would like to bring to keep you dry.
- sheets, blanket, pillow
- air mattress {don't forget a pump} or sleeping mat
- water bottle
- Spending money
- jacket or sweatshirt

CLOTHES

GIRLS

Please remember to be modest in all that you wear. Check with your team leader if you are questioning an outfit. Remember we are here to share Jesus with the people and don't want to be distracting with our outfits.

- Skirts or dresses {may be long or at knee length but nothing shorter than the knee} *check that your skirt or dress is not see-through.
- T-shirts or tops {Please be modest!! Nothing strapless, low-cut, or short waisted.}
- A pair of jeans
- Leggings are nice to have if you want to wear those under a dress/skirt.
- Shorts or capris are fine at the Impact Center or on your day off. (Again please be modest with your shorts.)
- Modest swimsuit

BOYS

- Jeans and a pair of nice pants {like kakis}
- T-shirts and at least one polo or button up dress shirt
- Shorts are fine to wear around the Impact Center or on your day off.
- Swim trunks

The following items are not necessary but you might like to have them with you just in case:

Snacks	Batteries
Medicine (Tylenol, Ibuprofen, Throat Lozenges, etc.)	Small First Aid Kit
Hat	Small Fan
Wet Wipes	Hand Sanitizer